



2023 MASTERS MOUNTAIN BIKE
MARATHON WORLD CHAMPIONSHIPS



DWELLINGUP
WESTERN AUSTRALIA



DWELLINGUP
100



MIGHTY JARRAH
Trail Run

EVENT & DWELLINGUP TOWN MAP



OFFICIAL FAN ZONES

Zone 1: Dwellingup Oval

Cheer on competitors at the start and finish of the Dwellingup 100.

Zone 2: Dwaarlindjirraap Bridge in Lane Poole Reserve (Saturday only)

Jump on the spectator bus and head to Lane Poole Reserve to see 60km and 100km competitors pass through twice on Saturday (18kms and 40kms) as they enter and exit the Murray Valley. Dwellingup Adventures will have their coffee van on site and have a commentator calling the riders through.

Zone 3: Caraholly Orchard

The spectator bus will also take you to Caraholly Orchard. Cheer on the 60km & 100km competitors on Saturday (48km), and the 12km & 21km Mighty Jarrah Trail runners on Sunday (7km and 17km respectively). Check out the markets, food stalls, tractor rides, and petting zoo while soaking in the orchard's beauty.

Free Spectator Shuttle (Saturday only)

Gold coin donations to Dwellingup Adventure Trail Maintenance welcome.

Approximate Departure Times:

Dwellingup Oval	Dwaarlindjirraap Bridge in Lane Poole Reserve Fan Zone	Caraholly Orchard Fan Zone
8:30am	8:45am	9:15am
9:30am	9:45am	10:15am
10:30am	10:45am	11:15am
11:30am	11:45am	12:15pm
12:30pm	12:45pm	1:15pm

Last stop for the shuttle bus is at 1:30pm at Dwellingup Oval.



Bibbulmun Track



Munda Biddi Trail



Emu Walk Trail



Holyoake Hike



Les Couzens Bridle Trail



Mack Trail



Defibrillator



Marrinup Trailhead 5km



Marrinup Falls Walk Trail



Marrinup Camping Area



POW Walk Trail



Vergone's Orchard 1km



Caraholly Orchard 2.5km

Spectator Zone



LANE POOLE RESERVE 8km



Murray Valley Trails



Captain Fawcett 4x4 Track



Nanga Bush Camp



Treetops Adventure

Lane Poole Reserve - Dwaarlindjirraap Bridge 8km

Spectator Zone

What's on in Dwellingup | 14-17 September 2023

For more events, tours and activities, see visitsdwellingup.com.au



GROUP YOGA SESSION

Map Ref
M14

Dwellingup Community Hall
Thursday 14th Sept. 10am.
Sunday 17th Sept. 10am.
Give your race-prep a boost and ensure a smooth wind-down by joining instructor Trevor Vowles.
Bookings essential.
\$5 per person, per session.



WOMEN'S ADVENTURE FILM TOUR

Map Ref
M14

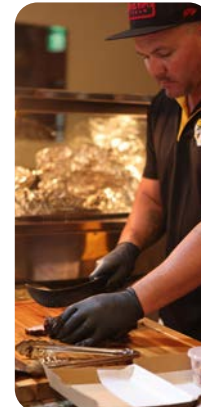
Dwellingup Community Hall
Thursday 14th Sept. 6pm.
Get in the zone with a selection of awe-inspiring films of fearless women.
Bar available.
\$5 per person, includes a choc-top ice-cream.



DINNER AT VERGONE'S

Map Ref
F20

Vergone's Orchard & Fruit Stall
Hearty Roast Dinner
Thursday 14th Sept. 6pm-9pm.
Traditional Italian Dinner
Friday 15th Sept. 6pm-9pm.
BYO welcome.
Bookings essential.



RIB NIGHT

Map Ref
N13

Longriders Café & Restaurant
Thursday 14th Sept.
Tuck in to succulent smoked ribs at Longriders Rib Night.
Licensed venue with local craft beer and wine.
Bookings essential
9538 1159.



PARADE OF NATIONS OFFICIAL OPENING

Map Ref
L10

Friday 15th Sept. 1pm.
Join us to celebrate all the nations competing in the UCI World Championship events.
1pm for athletes in the Dwellingup Trails & Visitors Centre carpark.
From 1.30pm for spectators along Moore St and the Dwellingup Oval.



THE BIG BIKE FILM NIGHT

Map Ref
M14

Dwellingup Community Hall
Friday 15th Sept. 6pm.
Gear up for an unforgettable evening celebrating the world of cycling at The Big Bike Film Night!
Bar available.
\$5 per person, includes a choc-top ice-cream.



DINE AT GARDEN EATS

Map Ref
H16

Mexican Night
Friday 15th Sept. 5pm-9pm.
Curry Night
Saturday 16th Sept. 5pm-9pm.
Indulge in a creative, fully vegetarian menu, filled with fresh local produce.
Bookings recommended:
hello@gardeneats.com.au



FRIDAY NIGHT AT WINE TREE CIDERY

Map Ref
T1

Friday 15th Sept. 4pm-7:30pm.
Take in the stunning views of the Holyoake Valley at Wine Tree Cidery, with small batch wines and ciders.
Bookings recommended.
Ph (08) 9538 1076



CARAHOLLY OPEN FARM & OFFICIAL FAN ZONE

Map Ref
H20

Saturday 16th & Sunday 17th Sept. 9am-2pm.
Cheer on competitors in the 60km & 100km ride, and the 12km & 21km trail run from the stunning grounds of Caraholly Orchard. Shop market stalls, fresh produce & food trucks.
Gold coin entry.
Self-drive or shuttle bus (see details on reverse).



HOTHAM VALLEY TOURIST RAILWAY

Map Ref
L7

Step back in time onboard the Hotham Valley Tourist Railway.
Saturday 16th Sept.
Forest Train
10:30am & 2pm
Sunday 17th Sept.
Steam Ranger
10:30am & 2pm
Bookings essential:
hothamvalleyrailway.com.au



BAND & BURGERS ON THE FARM

Map Ref
F20

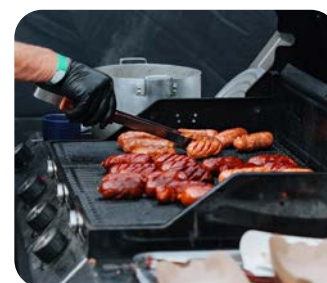
Vergone's Orchard & Fruit Stall
Saturday 16th Sept. 5pm-10pm.
Celebrate with local music and burgers galore at Vergone's.
Family friendly event.
BYO welcome.
Tickets \$25 + fees.
Meals additional.
Bookings essential.
(No door tickets).



GIN AND BAO NIGHT

Map Ref
K8

Waypoints Café
Saturday 16th Sept. 4pm-9pm.
Celebrate under the stars with The Swan River Distillery Gin Bar, tasty bao menu and live music.
Tickets \$20 + fees.
Includes G&T on arrival.
Under 18s free.
Meals additional.
Bookings recommended.



AUSSIE BBQ - OFFICIAL WIND DOWN

Map Ref
P9

Pop-Up Bar,
Dwellingup Oval
Sunday 17th Sept. 11am.
Stay for event presentations, dine on lunch from Longriders and have a quiet beer to celebrate in the bar on the Dwellingup Oval before heading home after a huge weekend!

VISITOR INFORMATION

Dwellingup Trails & Visitor Centre

4 Marinup Street, Dwellingup WA 6213

Open daily 9am to 4pm (closed Christmas Day)

Phone: (08) 9538 1108

Email: dtvc@murray.wa.gov.au

Visit [Dwellingup.com.au](https://visitsdwellingup.com.au)



Visit Dwellingup

Map Ref
K9



HELPFUL PHONE NUMBERS

Emergency Services
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Dwellingup Police Station
08 9538 1057

Rangers
08 9531 7777

Lane Poole Reserve —
Department of Biodiversity,
Conservation and Attractions
Weekends - 08 9538 1536
Weekdays - 08 9538 1078

OPENING HOURS

Map Ref.

Anam Nua Crystal Gallery Open Sat & Sun 9am-3pm (by appt Friday) Phone: 0437 111 777	W11
Blue Wren Café Open Mon-Fri 8am-3pm, Sat & Sun 7:30am-3pm. Phone: 9538 1234.	K15
Caraholly Orchard Open Farm & Race Spectator Zone Sat & Sun 9am-2pm.	H20
Crossroads Gallery Homewares & gifts Open Sat & Sun 10am-3pm	I15
Dwellingup Adventures Tours, equipment hire & bike mechanic Open Thurs & Fri 6am-4pm, Sat 6am-5pm, Sun 6am-2pm. dwellingupadventures.com.au Phone: 9538 1127.	K8
Dwellingup General Store Open daily 6am-6pm	K14
Dwellingup Hotel Open daily 10:30am-Close. Kitchen open: Mon-Thurs 11.30am-2.30pm & 5.30pm-7.30pm; Fri 11.30am-2.30pm & 5.30pm-8.30pm; Sat 11am-3:30pm & 4:30pm-8:30pm; Sun 11am-3:30pm & 4:30pm-7:30pm. Phone: 9538 1000.	J12
Dwellingup BP Roadhouse Open Mon-Fri 5:30am-6pm, Sat-Sun 7am-5pm. Friday Night Fish & Chips (Pre-order by Thurs) Phone: 9538 1229.	L12
Dwellingup Silver Contemporary Jewellery Open Sat & Sun 9am-5pm	I16
Dwellingup Trails and Visitor Centre Open daily 9am-4pm (open from 8am Sat & Sun) More info: visitsdwellingup.com.au	K9
Dwellingup Transfers On demand transfer service. Phone: 0473 924 681	
Forest Discovery Centre Open daily (11th-17th Sept) 10am-4pm. More info: forestdiscoverycentre.com.au	J2
Garden Eats Open Thurs 8am-3pm, Fri-Sat 8am-3pm & 5pm-9pm, Sun 8am-3pm. gardeneats.com.au	H16
Hotham Valley Tourist Railway Train departing Sat & Sun 10:30am & 2pm. Bookings: hothamvalleyrailway.com.au	L7
Longriders Café & Restaurant Open Thurs 8:30am-7:30pm, Fri 8:30am-7:30pm, Sat 8am-7:30pm, Sun 8am-5pm. Bookings: 9538 1159	N13
Lost Eden Creative Art gallery open Thur-Sun 10am-4pm. More info: losteden.com.au	H16
Rubie's Place Open Thurs 8:30am-4:30pm, Fri & Sat 8:30am-5pm, Sun 9:30am-4pm. Pre orders welcome: 9538 1615	J16
Touch of Aroma Open Sat & Sun 10am-1pm. Phone: 0428 381 525	H17
The Red Shed Vintage shop Open Sat & Sun 10am-4pm.	I3
Treetops Adventure Open Tues-Sun 10am-5pm. Bookings: treetopsadventure.com.au	X19
Vergone's Orchard Open daily 7am-7pm with special dinner events Thursday-Saturday.	F20
Waypoints Café Open Thurs & Fri 8am-6pm, Sat 6am-8pm, Sun 6am-2pm.	K8
Wine Tree Cidery Open Fri 4pm-7:30pm, Sat & Sun 11am-6pm (kitchen closes 3pm).	T1
With Love By Bec Gift store Open Thurs-Sun 10am-3pm.	J13